

# Free Event at Kyle United Methodist Church



## Toolkit for Aging

Navigating the later years of life can be confusing and frightening for both aging loved ones and their adult children.

- What is the role of the adult child now that their parent needs more help?
- How can aging loved ones thrive amid all the changes and uncertainty of late life?
- How do you make necessary but tough decisions about safety and wellbeing?

**For both aging adults and their adult children**

### Event Details:

Three professionals will each present on a specific topic and will allow time for Q&A.



**Saturday, April 26**



**9am-12pm**



**Kyle United Methodist Church**  
408 W. Lockhart St., Kyle

**In the Family Life Center**  
(The large building with red doors)



**kyleumc.org**



**512-268-2331**



### What You'll Learn:



Valuable resources to help both younger and older generations faithfully navigate the unknowns of late life.



Learn to stand in the shoes of the other generation and communicate more effectively.



Get tips on traversing the unknowns of eldercare, including commonly-used lingo and the differences in care options.



Discover the importance of having end-of-life legal plans updated and in place

For more information and to RSVP please visit here:

<https://kyleumc.org/toolkit-for-aging-free-event/>



**FREE EVENT!**  
Register today!

# Meet Our Speakers

## Toolkit for Aging

9-12 Saturday,

April 26

Kyle United

Methodist Church



### Missy Buchanan

An advocate for older adults, Missy Buchanan is a sought-after author and speaker on issues of aging faithfully, drawing first from her personal experience as a caregiver for her own aging parents. Missy has also written eleven books on faithful aging, widely used in senior communities and churches. She has spoken at hundreds of churches, senior living communities, and national conferences.



### Sarah Hyde-Williams

Sarah Hyde-Williams, co-founder of Senior Living Advisors of Austin and Collaborators In Care, has nearly 25 years of experience guiding seniors and their families through the complexities of elder care. With deep compassion and expertise, Sarah empowers families in navigating difficult transitions with confidence, ensuring their choices reflect and honor their values and needs.



**ROGERSLAW**

### Megan Delaney Rogers

Rogers Law focuses on elder law, estate planning and probate, along with real estate title issues. Megan enjoys educating people about areas of the law that affect them and potential pitfalls for the unwary, helping people to plan intentionally for their future. She often works with blended families and newly married older adults to help them work out estate planning to avoid conflict and missteps in the future. She helps families retain as much generational wealth as they can rather than spend it on long term care and avoidable costs.

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**Register today!**

